

Assessing Workstation Safety Integrating Macroergonomics and STAMP

Marvin Dainoff & Michelle Robertson

Liberty Mutual Research Institute for Safety, Hopkinton, MA USA



1. Introduction

- Macroergonomics and STAMP share a common sociotechnical framework.
- These two perspectives will be integrated to illustrate implementation of a safety-relevant intervention.
- We argue that successful workplace interventions require simultaneous integration of scientific/technical knowledge with management/organizational values and constraints.

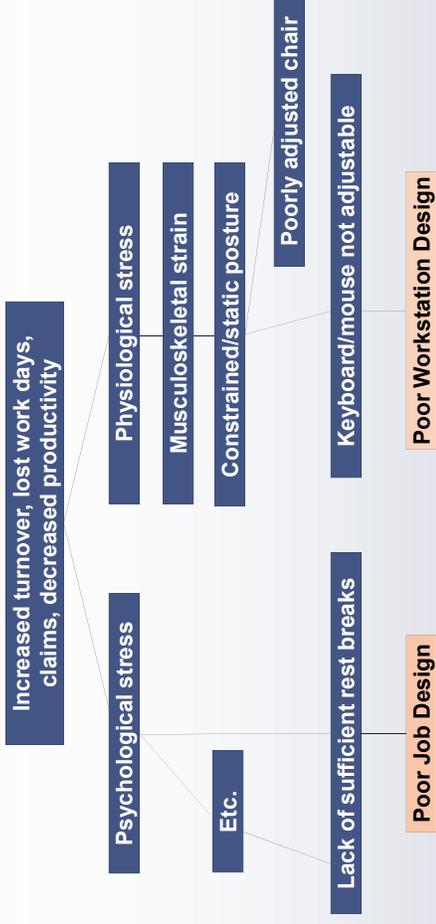
2. The Problem

- Sedentary prolonged computer use is a risk factor for musculoskeletal disorders as well as cardiovascular disease, diabetes, and obesity.
- Workplace ergonomics –combining work design, training and appropriate adjustable workstations—can ameliorate this risk.

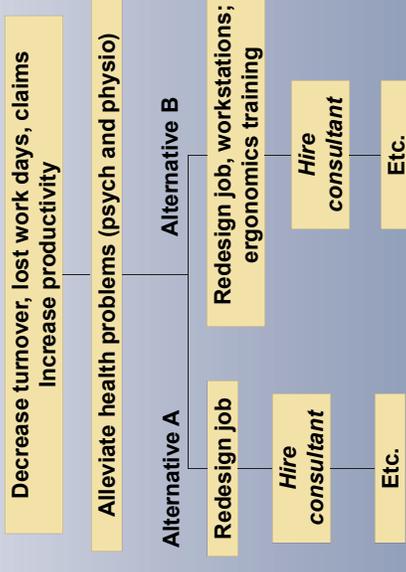
3. The Tools

- A macroergonomic methodology (SAT/IDEAS) allows a multi-functional team to systemically:
 - (a) Assess the problem
 - (b) Develop alternative solutions
 - (c) Develop evaluative criteria
 - (d) Evaluate the solutions in cost-benefit terms
- STAMP can be usefully integrated into the procedure to model solutions.
- Outcome: Application of solution led to successful outcome (reduced symptoms, improved work performance and perceptions related to the organization) in a field trial compared to control group.

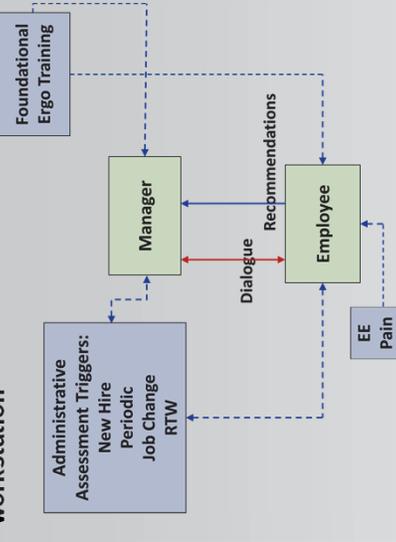
4. **Problem Factor Tree (simplification)**. Team, representing relevant stake-holders, defines and contextualizes problems and sub-problems (role for STPA as core component)



5. **Objectives/Activities Tree**. Team defines activities which will meet objectives: alternative solutions and interventions



7. **Input-Output Analysis**. Description of components of one solution using STAMP-like model: assessment of employee ergonomic workstation



8. **Evaluation**. Team evaluations of each alternative using previously defined criteria

Alternative	Cost	Risk of Failure	Benefits	Overall
A	-3 (\$175,000)	-2	+6	+1
B	-6 (\$590,000)	-1	+9	+2

Scope	Risk of Failure	Costs	Benefits
Help entire organization	Employee resistance	Materials, equipment	Reduced turnover
Long term effectiveness	Management resistance	Human resources	Reduced claims